

Grain Bowls > Build your own bowl by choosing one of our organic grains to match your protein, and finally, top it off with one of our custom crafted sauces. (ADD \$1.25 FOR KETO)

| Grain | VEGGIE | QUINOA | BROWN RICE | LENTILS | CAULIFLOWER RICE (KETO) |
|---------|-----------------|---------------------|-------------------|---------------------|-------------------------|
| Sauce | BACON SOY CAMEL | MISO MUSHROOM BROTH | TRUFFLE HONEY | COCONUT CURRY BROTH | LEMON-PARSLEY PESTO |
| Protein | SALMON \$15.95 | STEAK \$16.95 | PORK LOIN \$14.95 | CHICKEN \$14.95 | SHRIMP \$15.95 |

- B.L.A.S.T.** > Bacon, lettuce, avocado, grilled salmon and tomato on ciabatta roll with 'Bama buttermilk sauce \$ 13.95
- Hand Cut Pastrami Reuben** > Slow cooked pastrami, kraut, Swiss, and 1,000 island on thick cut seeded rye \$ 12.95
- Roasted Turkey** > With sage cheddar cheese, cranberry-walnut-mayo chutney, and mixed greens \$ 11.50
- Ribeye Steak** > On ciabatta roll with provolone, caramelized onions, mushrooms and horsey mayo \$ 14.95
- Chicken & Waffle Sandwich** > Southern fried chicken on house-made waffles with maple syrup & pepper jack \$ 11.50
- PETA Pita** > Roasted eggplant, squash, and zucchini with goat cheese and basil pesto in a whole wheat pita \$ 10.50

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|------------------------|---------------------|-------------------|-------------------------|-----------------------|
| CHIPS & DIP | FRENCH FRIES | TATOR TOTS | SWEET SPUD FRIES | VEG of the DAY |
| \$2.75 | \$3.00 | \$3.50 | \$3.75 | \$2.50 |

OUR BURGERS ARE HALF POUND HOUSE-GROUND USDA CHOICE CHUCK

- Classic Burger** > Our famous burger topped with lettuce, tomato and red onion \$ 12.50
- Pretzelweck Burger** > Our burger on a pretzel roll with horseradish mayo, caramelized onions and pepper jack \$ 13.50
- The Ton I Wanna Burger** > Topped with hickory-pulled pork, smoked bacon, melted cheddar and Delaware sauce \$ 14.50
- Black Bean Veggie Burger** > Spicy black bean patty topped with avocado and corn relish \$ 12.50

- Chicken Paillard** > Thinly pounded and sautéed in olive oil finished with white wine, lemon, tomato and basil \$ 17.50
- Smoked Gouda Mac & Cheese** > Spirals baked with diced tomatoes, smoked gouda cream sauce, & breadcrumb topping \$ 12.95
 - MAC AND ANDOUILLE SAUSAGE \$ 15.75
 - MAC AND CHICKEN \$ 16.75
 - MAC AND PULLED PORK \$ 15.75
- Stuffed Banana Pepper Mac** > Tomatoes, gouda, asiago, roasted banana peppers \$ 14.95
- Grilled Pork Chop** > 10 oz center cut with blue cheese spaetzle and bacon-soy caramel glaze \$ 18.95
- Grilled Salmon** > Grilled miso glazed salmon with cilantro-lime brown rice and pickled ginger butter \$ 20.95
- Cauliflower Steak** > Roasted half head of cauliflower with caponata, arugula and roasted garlic cream sauce \$ 14.75
- Gorgonzola Chicken** > Sautéed chicken cutlets crusted with roasted garlic, gorgonzola and balsamic sauce \$ 17.95
- Pork Cutlet Milanese** > Pork tenderloin cutlet with seasoned panko crust, arugula, grape tomatoes, fresh mozzarella, and lemon wedges \$ 16.75
- Meatloaf** > Freshly ground pork, veal, & beef wrapped in bacon with buttered mashed potatoes and fried tobacco onions \$ 15.50
- Grilled 14oz Ribeye** > Topped with roasted garlic-gorgonzola truffle butter, served with steak fries \$ 26.95



We are there for you!
Family Style Dinners To Go starting as low as \$8.99

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