

Grain Bowls > Build your own bowl by choosing one of our organic grains to match your protein, and finally, top it off with one of our custom crafted sauces. (ADD \$1.25 FOR KETO)

Grain	VEGGIE	QUINOA	BROWN RICE	LENTILS	CAULIFLOWER RICE (KETO)
Sauce	BACON SOY CAMEL	MISO MUSHROOM BROTH	TRUFFLE HONEY	COCONUT CURRY BROTH	LEMON-PARSLEY PESTO
Protein	SALMON \$17.95	STEAK \$18.95	PORK LOIN \$16.95	CHICKEN \$16.95	SHRIMP \$17.95

- B.L.A.S.T.** > Bacon, lettuce, avocado, grilled salmon and tomato on ciabatta roll with 'Bama buttermilk sauce \$ 14.50
- Hand Cut Pastrami Reuben** > Slow cooked pastrami, kraut, Swiss, and 1,000 island on thick cut seeded rye \$ 13.95
- Roasted Turkey** > With sage cheddar cheese, cranberry-walnut-mayo chutney, and mixed greens \$ 11.75
- Ribeye Steak** > On ciabatta roll with provolone, caramelized onions, mushrooms and horsey mayo \$ 14.95
- Chicken & Waffle Sandwich** > Southern fried chicken on house-made waffles with maple syrup & pepper jack \$ 12.75
- PETA Pita** > Roasted eggplant, squash, and zucchini with goat cheese and basil pesto in a whole wheat pita \$ 11.50

CHIPS & DIP	FRENCH FRIES	TATOR TOTS	SWEET SPUD FRIES	VEG of the DAY
\$5.50	\$3.25	\$4.00	\$4.50	\$3.75

OUR BURGERS ARE HALF POUND HOUSE-GROUND USDA CHOICE CHUCK

- Classic Burger** > Our famous burger topped with lettuce, tomato and red onion \$ 13.50
- Pretzelweck Burger** > Our burger on a pretzel roll with horseradish mayo, caramelized onions and pepper jack \$ 14.25
- The Ton I Wanna Burger** > Topped with hickory-pulled pork, smoked bacon, melted cheddar and Delaware sauce \$ 15.50
- Black Bean Veggie Burger** > Spicy black bean patty topped with avocado and corn relish \$ 12.95

- Chicken Paillard** > Thinly pounded and sautéed in olive oil finished with white wine, lemon, tomato and basil \$ 18.95
- Smoked Gouda Mac & Cheese** > Spirals baked with diced tomatoes, smoked gouda cream sauce, & breadcrumb topping \$ 14.95
 - MAC AND ANDOUILLE SAUSAGE \$ 16.95
 - MAC AND CHICKEN \$ 16.95
 - MAC AND PULLED PORK \$ 16.95
- Stuffed Banana Pepper Mac** > Tomatoes, gouda, asiago, roasted banana peppers \$ 16.95
- Grilled Pork Chop** > 10 oz center cut with blue cheese spaetzle and bacon-soy caramel glaze \$ 20.95
- Grilled Salmon** > Grilled miso glazed salmon with cilantro-lime brown rice and pickled ginger butter \$ 22.95
- Cauliflower Steak** > Roasted half head of cauliflower with caponata, arugula and roasted garlic cream sauce \$ 16.25
- Gorgonzola Chicken** > Sautéed chicken cutlets crusted with roasted garlic, gorgonzola and balsamic sauce \$ 19.95
- Pork Cutlet Milanese** > Pork tenderloin cutlet with seasoned panko crust, arugula, grape tomatoes, fresh mozzarella, and lemon wedges \$ 18.50
- Meatloaf** > Freshly ground pork, veal, & beef wrapped in bacon with buttered mashed potatoes and fried tobacco onions \$ 16.75
- Grilled 14oz Ribeye** > Topped with roasted garlic-gorgonzola truffle butter, served with steak fries \$ 28.75



We are there for you!

Text: (716) 777-1617
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